

HALTERO-CLUB TRAMELAN

SITE INTERNET

<https://www.halteroclubtramelan.com>

51st CHALLENGE "210"

INTERNATIONAL TOURNAMENT OF TRAMELAN



CALEB GOODMAN, USA, winner 2022



SHEILA MEISTER, SUI, winner 2022

27 – 28th October 2023

Salle de La Marelle

2720 Tramelan

Dear sporting friend,
 Once again the weightlifting club of Tramelan will implement all what is possible to organize the 51th edition of the challenge "210" It is with pleasure that the steering committee invites you to take part in it in order to pass from together good sporting moments. Please find here all the necessary information to register you.

Categories' specification

MINIME (M13)	born in 2010 et after	
SCHOOLBOY (M15)	born in 2008, 2009	
YOUTH (M17)	born in 2007 - 2006	
JUNIOR (M20)	born in 2005 - 2004 - 2003	
SENIOR	born in 2002 or before	
VETERAN 1	born in 1988 or before, until 1973 (50 years and younger)	
VETERAN 2	born in 1972 or before (over 51 years)	
NATIONAL	for athletes lifting more than 210 kg on the '210' system	
INTERNATIONAL	for athletes lifting more than 270kg in the '210' system, or who have participated in international competitions or are members of the tournament's national teams.	
FEMALE MINIME (M13)	born in 2010 et after	
FEMALE SCHOOLBOY (M15)	born in 2008, 2009	
FEMALE YOUTH (M17)	born in 2007 - 2006	
FEMALE JUNIOR (M20)	born in 2005 - 2004 - 2003	
FEMALE SENIOR	born in 2002 or before	
FEMALE VETERAN 1	born in 1988 or before, until 1973 (50 years and younger)	
FEMALE VETERAN 2	born in 1972 or before (over 51 years)	
FEMALE NATIONAL	for athletes lifting more than 150 kg on the '210' system	
FEMALE INTER	for athletes lifting more than 175kg in the '210' system, or who have participated in international competitions or are members of the tournament's national teams.	
TEAMS	MEN	FEMALE
	MINIME, SCHOOLBOY, YOUTH, JUNIOR, SENIOR, VETERAN, ELITE	MINIME, SCHOOLBOY, YOUTH, JUNIOR, SENIOR, VETERAN, ELITE
	TEAM "210" (CHALLENGE "210")	

INSCRIPTION FEES	SFr. 30.–	by athlète
	SFr. 25.–	by athlète (-15 years)
	Gratis for the teams (new !!)	
For the registration to be valid, the payment must be made to the bank account on or before September 30, 2023. (registration deadline)!		
If the enrolment period "Final Entry (30/09/2023)" is exceeded , the individual entry fee will be doubled!		

By law:

The classifications will be established in connection with the total of the kilos obtained by the lifter after addition or subtraction of the handicap, as follows:

a) For a lifter bodyweight lower than 70 kg :

The difference of the bodyweight with 70 kg will be added 2 times to the Olympic total of the lifted kilos.

b) For a lifter bodyweight upper than 70 kg:

The difference of the bodyweight with 70 kg will be withdrawn 2 times to the Olympic total of the lifted kilos.

Team rules

- 1) Each team is composed of 3 athletes without substitute.
- 2) The composition of each team will be made before the 1st athlete weighing of each team.
- 3) In case of equality, the lightest team will be the winner

A classification by **clubs** will be established. The "210 total" of each club member will be considered (no lifters number limit) and the rewards will be distributed as follows:

After addition of all the members points,

The best club : Frs 500.- 2nd : Frs 300.- 3rd : Frs 200.-

Possibilities of placing itself in dormitories or rooms of hosts				
To get information please call tourist Office				
Tél. ++41 (0)32 494 53 43 Fax ++41 (0)32 493 61 56				
Hotel	Outdistance competition	Price of the rooms with breakfast		Phone
		Simple	Double	
CIP	1 min by foot	Frs. 100.--	Frs. 140.-	+41 (0)32 486 06 06
La Clef Les Reussilles	30 min by foot		Frs. 130.-	+41 (0)32 487 49 80
Hotel Garni Les Reussilles	5 min by car	Frs. 65.-	Frs. 110.-	+41 (0)32 487 67 67
Subject to modification				

A detailed program will be sent to clubs 1 to 2 weeks before the competition.

INSCRIPTION TO: s-lauper@bluewin.ch or Haltéro-club Tramelan, Case postale 50, 2720 Tramelan

CONTACT POINT :

E.MAIL : info.halteroclubtramelan@gmail.com

Final Entry deadline : September 30, 2023

PODIUM 2022

Catégorie	Pénom Nom	Club	PC	Biathlon	Pts "210"
Minime	Fabio BRAUNBART	ASV TUTTLINGEN	65.60	161.00	169.80
	Szymon PERA	TV MENGAN	40.48	93.00	152.04
	Viktor KOVACS	TJ ROTAS ROTAVA	40.57	71.00	129.86
Cadet	Romain DA SILVA	ATHLETIC CLUB SAINT MARCELLIN	75.09	244.00	233.82
	Filippo FAELLI	LABAS PARMA	79.60	216.00	196.80
	Simon COTTE-GAUDIN	ATHLETIC CLUB SAINT MARCELLIN	82.50	213.00	188.00
Ecolier	Adam IAFRATE	LIGUE AUVERGNE RHÔNE ALPES	64.40	190.00	201.20
	Dylan SAUTEBIN	TRAMELAN	60.85	140.00	158.30
	Giovanni BOLLINI	SAN-MARINO	82.45	182.00	157.10
Junior	Alexandre GROSJEAN	CLUB HALTÉROPHILE LUXOVIEN	81.01	266.00	243.98
	Dimen BONINA	WEIGHTLIFTING NORDWEST	64.80	186.00	196.40
	Hugo MATHIOT	CLUB HALTÉROPHILE LUXOVIEN	75.95	206.00	194.10
Senior	Luca VATAN	MONACO	87.40	240.00	205.20
	Pierre LAHAYE	MONACO	78.05	217.00	200.90
	Cédric KÄMPF	SHP MOUTIER	72.60	199.00	193.80
Vétéran	Dany TERMIGNONE	SHP MOUTIER	83.60	248.00	220.80
	Thaya JEGAN	CLUB HALTÉROPHILE LUXOVIEN	75.01	226.00	215.98
	Mathieu POIRIER	TRAMELAN	89.45	243.00	204.10
National	Jonas AUFDENBLATTEN	AS RORSCHACH	75.11	270.00	259.78
	Titouan VERLOES	PTL GENEVA	72.50	264.00	259.00
	Sacha SPERKA	CLUB HALTÉROPHILE LUXOVIEN	89.64	291.00	251.72
International	Caleb GOODMAN	USA	86.05	326.00	293.90
	Yannick TSCHAN	BARBELL CLUB BIENNE SEELAND	97.86	332.00	276.28
	Ruben MARTINEZ	USA	87.72	310.00	274.56
Féminine inter	Scheila MEISTER	WEIGHTLIFTING NORDWEST	58.60	188.00	210.80
	Nicole RUBANOVICH	ISRAËL	72.70	214.00	208.60
	Marie MANTAROPOULOS	ATHLETIC CLUB SAINT MARCELLIN	64.30	195.00	206.40
Féminine Elite	Joyce DE KONING	GHCBB	75.00	187.00	177.00
	Tanja SCHMID	AS RORSCHACH	66.25	168.00	175.50
	Catherine ANDREY	PTL GENEVA	70.80	177.00	175.40
Féminine cadet	Lavinia MAGISTRIS	GINNASTICA PAVESE A.S.D.	62.27	174.00	189.46
	Sara IAFRATE	LIGUE AUVERGNE RHÔNE ALPES	64.95	173.00	183.10
	Théoline PRIGENT MADEC	CHM PLOUHINEC POINTE DU RAZ	57.52	150.00	174.96
Féminine junior	Laila MIARELLI	WEIGHTLIFTING NORDWEST	65.15	165.00	174.70
	Ela FURTH	ISRAËL	58.40	151.00	174.20
	Zéline PICOT	LIGUE AUVERGNE RHÔNE ALPES	67.43	165.00	170.14
Féminine Minime	Clara CURSIO	SV FLÖZLINGEN 1920 E.V.	50.12	107.00	146.76
	Servane LITZLER	BARBELL CLUB BIENNE SEELAND	44.94	92.00	142.12
	Ariane KRAMER	SV FLÖZLINGEN 1920 E.V.	47.15	87.00	132.70
Féminine vétéran	Melanie HEILGEIST	KLUB DER SPORT FREUNDE	63.71	154.00	166.58
	Alexandra WEICH	VZG ZÜRICH	60.90	119.00	137.20
	Jennifer LITZLER	BARBELL CLUB BIENNE SEELAND	68.23	120.00	123.54
Féminine Ecolier	Matéllys GROSJEAN	CLUB HALTÉROPHILE LUXOVIEN	40.61	72.00	130.78
	Lucie ALTMANOVA	TJ ROTAS ROTAVA	55.34	87.00	116.32
	Melissa ALBANESE	SAN-MARINO	73.29	117.00	110.42