

HALTERO-CLUB TRAMELAN

SITE INTERNET

<https://www.halteroclubtramelan.com>

52nd CHALLENGE "210"

INTERNATIONAL TOURNAMENT OF TRAMELAN



EMMANUEL LEPAUL, FRA, WINNER 2023



ESTELLE SILVIA ROHR, USA, WINNER 2023

25 – 26th October 2024
Salle de La Marelle
2720 Tramelan

Dear sporting friend,
Once again the weightlifting club of Tramelan will implement all what is possible to organize the 52nd edition of the challenge "210" It is with pleasure that the steering committee invites you to take part in it in order to pass from together good sporting moments. Please find here all the necessary information to register you.

Categories' specification

MINIME (M13)	born in 2011 et after	
SCHOOLBOY (M15)	born in 2010, 2009	
YOUTH (M17)	born in 2008 - 2007	
JUNIOR (M20)	born in 2006 - 2005 - 2004	
SENIOR	born in 2003 or before	
VETERAN 1	born in 1989 or before, until 1974 (50 years and younger)	
VETERAN 2	born in 1973 or before (over 51 years)	
NATIONAL	for athletes lifting more than 210 kg on the '210' system	
INTERNATIONAL	for athletes lifting more than 270kg in the '210' system, or who have participated in international competitions or are members of the tournament's national teams.	
FEMALE MINIME (M13)	born in 2011 et after	
FEMALE SCHOOLBOY (M15)	born in 2010, 2009	
FEMALE YOUTH (M17)	born in 2008 - 2007	
FEMALE JUNIOR (M20)	born in 2006 - 2005 - 2004	
FEMALE SENIOR	born in 2003 or before	
FEMALE VETERAN 1	born in 1989 or before, until 1974 (50 years and younger)	
FEMALE VETERAN 2	born in 1973 or before (over 51 years)	
FEMALE NATIONAL	for athletes lifting more than 150 kg on the '210' system	
FEMALE INTER	for athletes lifting more than 175kg in the '210' system, or who have participated in international competitions or are members of the tournament's national teams.	
TEAMS	MEN	FEMALE
	MINIME, SCHOOLBOY, YOUTH, JUNIOR, SENIOR, VETERAN	MINIME, SCHOOLBOY, YOUTH, JUNIOR, SENIOR, VETERAN, ELITE
	TEAM "210" (CHALLENGE "210") (can be mixed)	
INSCRIPTION FEES	SFr. 30.-	by athlète
	SFr. 25.-	by athlète (-15 years)
	Gratis for the teams	

For the registration to be valid, the payment must be made to the bank account on or before September 30, 2024. (registration deadline)!
After this deadline, the registration is final and will not be refunded in case of non-participation.

If the "Final Entry (30/09/2024)" registration deadline is exceeded, the entry fee will be doubled!

By law:

The classifications will be established in connection with the total of the kilos obtained by the lifter after addition or subtraction of the handicap, as follows:

a) For a lifter bodyweight lower than 70 kg :

The difference of the bodyweight with 70 kg will be added 2 times to the Olympic total of the lifted kilos.

b) For a lifter bodyweight upper than 70 kg:

The difference of the bodyweight with 70 kg will be withdrawn 2 times to the Olympic total of the lifted kilos.

Team rules

- 1) Each team is composed of 3 athletes without substitute.
- 2) The composition of each team will be made before the 1st athlete weighing of each team.
- 3) In case of equality, the lightest team will be the winner

A classification by **clubs** will be established. The "210 total" of each club member will be considered (no lifters number limit) and the rewards will be distributed as follows:

After addition of all the members points,

The best club : Frs 400.- 2nd : Frs 200.- 3rd : Frs 100.-

Possibilities of placing itself in dormitories or rooms of hosts

To get information please call tourist Office

Tél. ++41 (0)32 494 53 43 Fax ++41 (0)32 493 61 56

Hotel	Outdistance competition	Price of the rooms with breakfast		Phone
		Simple	Double	
CIP	1 min by foot	Frs. 100.--	Frs. 140.-	+41 (0)32 486 06 06
La Clef Les Reussilles	30 min by foot		Frs. 130.-	+41 (0)32 487 49 80
Hotel Garni Les Reussilles	5 min by car	Frs. 65.-	Frs. 110.-	+41 (0)32 487 67 67

Subject to modification

A detailed program will be sent to clubs 1 to 2 weeks before the competition.

INSCRIPTION TO: s-lauper@bluewin.ch or Haltéro-club Tramelan, Case postale 50, 2720 Tramelan

CONTACT POINT:

E.MAIL : info.halteroclubtramelan@gmail.com

PODIUM 2023

Catégorie	Prénom_Nom	Club	PC	Biathlon	Pts "210"
Minime_M13	Lukas CADA	ROTAS ROTAVA	60.25	160.00	179.50
	Szymon PERA	TV MNGEN 1863 e.V.	47.80	126.00	170.40
	Viktor KOVACS	ROTAS ROTAVA	41.35	88.00	145.30
Ecolier_M15	Fabio BRAUNBART	ASV TUTTLINGEN	75.75	205.00	193.50
	Falk KLEISER	LEISTUNGSZENTRUM ROTTWEIL	62.15	177.00	192.70
	Aymeric GEIGER	FRANCE	69.55	182.00	182.90
Cadet_M17	Gabriel MARTIN	FRANCE	66.25	207.00	214.50
	Filippo FAELLI	LABAS PARMA	81.85	230.00	206.30
	Molnár BOTOND	BUDAPEST WEIGHTLIFTING FEDER/	58.80	183.00	205.40
Junior_M20	Alexandre GROSJEAN	CLUB HALTEROPHILE LUXOVIEN	82.70	251.00	225.60
	Hugo MATHIOT	CLUB HALTEROPHILE LUXOVIEN	73.60	204.00	196.80
	Molnár CSONGOR	BUDAPEST WEIGHTLIFTING FEDER/	85.60	223.00	191.80
Senior	Oliver RICKERT	WEIGHTLIFTING NORTHWEST	86.63	240.00	206.74
	Cédric KÄMPF	SHP MOUTIER	72.80	209.00	203.40
	Michael D'ELIA	SAN MARINO	71.50	204.00	201.00
Vétéran_1	Dany TERMIGNONE	SHP MOUTIER	85.10	259.00	228.80
	Tom SCHWANDER	WEIGHTLIFTING NORTHWEST	90.20	268.00	227.60
	Yannick SAUTEBIN	TRAMELAN	94.80	271.00	221.40
Vétéran_2	Dimitri LAB	SHP MOUTIER	76.50	202.00	189.00
	Jean CANESTRIER	AS MONACO	71.75	191.00	187.50
	Christophe JACOT	LA CHAUX-DE-FONDS	76.50	159.00	146.00
National	Romario AVDIRAJ	BARBELL CLUB SEELAND BIENNE	61.77	243.00	259.46
	Titouan VERLOES	PTL GENEVA	73.16	260.00	253.68
	Sacha SPERKA	CLUB HALTEROPHILE LUXOVIEN	89.72	290.00	250.56
International	Emmanuel LEPAUL	CLUB HALTEROPHILE LUXOVIEN	78.72	301.00	283.56
	Benjamin FERRE	CLUB HALTEROPHILE LUXOVIEN	107.77	356.00	280.46
	Dominik CERTOV	AKH VÖSENDORF	85.18	310.00	279.64
Féminine Minime_	Mia BRAUNBART	ASV TUTTLINGEN	59.48	126.00	147.04
	Luna LITZLER	BARBELL CLUB SEELAND BIENNE	34.22	68.00	139.56
	Shanilla BOLDINI	BARBELL CLUB SEELAND BIENNE	39.15	55.00	116.70
Féminine Ecolier_	Clara CURSIO	LEISTUNGSZENTRUM ROTTWEIL	57.60	134.00	158.80
	Servane LITZLER	BARBELL CLUB SEELAND BIENNE	50.51	108.00	146.98
	Lilly KURTH	BARBELL CLUB SEELAND BIENNE	45.24	65.00	114.52
Féminine cadet_M	Lucie ALTMANOVA	ROTAS ROTAVA	60.08	108.00	127.84
	Virginia LAZZARINI	LABAS PARMA	73.30	102.00	95.40
Féminine junior_M	Annelien VANDENABEELE	VGPF	55.40	178.00	207.20
	Maelyn MICHEL	FRANCE	58.60	183.00	205.80
	Léa-Marie ANTONIO	CLUB HALTEROPHILE LUXOVIEN	62.70	175.00	189.60
Féminine senior	Marika MARZI	SAN MARINO	53.15	127.00	160.70
	Zélie MICHELIN	CLHM	68.35	139.00	142.30
	Kimy TSCHAN	TRAMELAN	66.30	131.00	138.40
Féminine vétéran_	Tina TURSIC	VZG ZÜRICH	69.35	161.00	162.30
	Renilde VAN ROOST	VZG ZÜRICH	66.15	138.00	145.70
	Stéphanie JOURNEAUX	AS MONACO	63.85	98.00	110.30
Féminine vétéran_	Sandra MÜLLER-JENNINGS	BARBELL CLUB SEELAND BIENNE	62.00	111.00	127.00
Féminine national	Caroline PELLATON	LA CHAUX-DE-FONDS	50.40	131.00	170.20
	Neza RIBARIC	PTL GENEVA	67.20	163.00	168.60
	Florine SCHALLIE	LUXEMBOURG	66.30	156.00	163.40
Féminine inter	Estelle Sylvia ROHR	USA	72.90	228.00	222.20
	Taylor Renee LUCAS	USA	63.50	208.00	221.00
	Leila Rhiann COOK	USA	54.60	187.00	217.80